## STATE OF CONNECTICUT

## ANNUAL NURSING FACILITY CENSUS

# **SEPTEMBER 30, 2011**

## **NURSING FACILITIES**

Four nursing facilities closed in the year ending September 30, 2011, bringing the number of licensed nursing facilities in Connecticut to 236; 10 fewer than at the same time in 2004.

With regard to nursing facility beds, the number has declined by 5.3 percent (1578) between September 30, 2004 and 2011, decreasing from 29,801 to 28,223 beds.

In Connecticut, nursing facilities are licensed at two levels of care: Chronic and Convalescent Nursing Homes (CCNH), also known as Skilled Nursing Facilities, and Rest Homes with Nursing Supervision (RHNS), also called Intermediate Care Facilities.

As of September 30, 2011 there were 27,626 CCNH beds and 597 RHNS beds. Over time, nursing facilities have been either phasing out RHNS beds or converting them to CCNH beds. However, between 2010 and 2011, the number of RHNS beds increase slightly by nine beds.

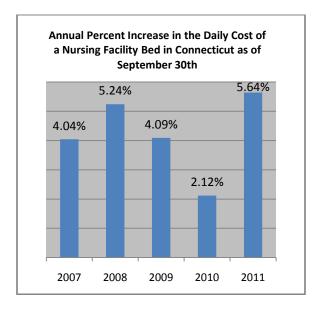
Since 2004, the proportion of facilities with for profit status increased from 74 percent (183) to 77 percent (182) and the proportion of facilities with a non-profit status decreased from 26 percent (63) to 23 percent (54).

Of the 236 nursing facilities in Connecticut in 2011, 216 (92%) had a CCNH license, 17 (7%) had both a CCNH and a RHNS license, and three facilities (1%) provided care under a RHNS license only.

## **COST OF CARE**

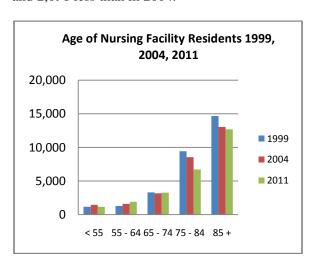
A nursing home resident now pays on average \$368 a day in Connecticut for a semi-private nursing home bed or about \$134,000 for the entire year. This represents a rise in cost of 5.6 percent from the previous year when the average cost was \$348 a day. The average annual

percentage change over the last five years has been 4.2 percent for private pay rates.



#### RESIDENT DEMOGRAPHICS

On September 30, 2011, there were 25,700 individuals residing in Connecticut nursing facilities, 418 less than on the same date in 2010 and 2,096 less than in 2004.



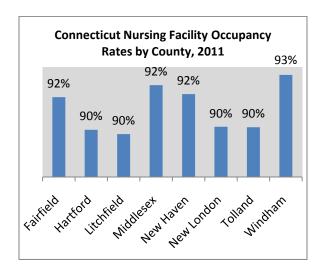
In 2011, the majority of residents were white (85%), female (70%), and without a spouse (82%); a profile that has remained consistent

over the years. With regard to age, 12 percent were under age 65, 39 percent were between the age of 65 and 84, and 49 percent were age 85 or older.

Since 1999, there has been an increase in younger nursing facility residents and a decrease in older residents. Over eleven years between 1999 and 2011 the number of residents under the age of 65 increased by 619 (26%) and the number of residents age 65 and older decreased by 4,723 (17%).

#### **OCCUPANCY**

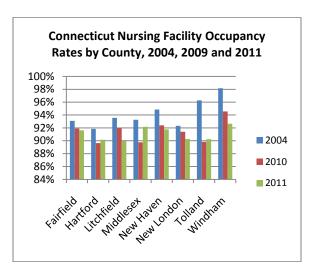
The average nursing facility occupancy rate in Connecticut as of September 30, 2011 was 91 percent. From 2004 to 2007, the average nursing facility occupancy rate statewide remained steady at around 93 percent and since 2008 has remained at 91 percent.



Regionally, the availability of beds varies, ranging from an occupancy rate of 93 percent in Windham County, to an occupancy rate of 90 percent in Hartford, Litchfield, New London and Tolland Counties.

Since 2004, the general trend has been a reduction in the average regional occupancy rate. Between 2010 and 2011, there was a decrease in the average occupancy rate in five counties: Fairfield (-0.3%), Litchfield (-2.0%), New Haven (-0.6%), New London (-1.1%) and Windham (-1.9%).

In contrast, Hartford (0.5%), Middlesex (2.4%) and Tolland (0.4%) Counties experienced an increase in the average percentage of beds occupied between 2010 and 2011.



### PAYMENT SOURCE

Medicaid remained the dominant source of payment for nursing facility stays in Connecticut in 2011, covering 70 percent of the residents. Medicare covered the next largest segment of residents (15%), followed by residents who pay privately out-of-pocket (10%). Forty-six percent of nursing facility residents with long-term care insurance were covered by Connecticut Partnership for Long-Term Care policies, up from 26 percent a year ago.

This fact sheet provides the eighth year of data from the Connecticut Annual Nursing Facility Census. From 1997 until 2003, the State of Connecticut Nursing Facility Registry provided a longitudinal database of demographic and health data for all Connecticut nursing facility residents. Beginning in 2004, this registry was modified and renamed. The Connecticut Annual Nursing Facility Census provides aggregate information on the status of nursing facilities and their residents for September 30<sup>th</sup> of each year.

Produced by the Policy Development and Planning Division, Connecticut State Office of Policy and Management

